



Healthy Cities

Building a 5210 Community

Healthy Cities Working Group

- *A Nanaimo Division created group*
- *Representatives from multiple community organizations*
- *Members at the table who can effect real change*
- *Providing strategic support for community initiatives*
- *Leveraging individual organizations for a common goal*



5210 Playboxes

- Installation May 14, 2016
- Registration through Parks & Rec
- Playboxes purchased by Parks & Rec
- Playbox wrapping provided by ScopeBC
- Contents provided by Nanaimo Division and community donations

Nanaimo Parks

Daynes Park

Janes Park

Mansfield Park



Walk with Your Doc

- DoBC Provincial Initiative
- Annual 5k Community Walk
- May 14th 2016
- Merle Logan Field, Beban Park
- Get moving with BC doctors
- Register at walkwithyourdoc.ca

A promotional poster for the 'Walk with your Doc' event. The top half shows a large group of people walking on a path, with some wearing white t-shirts that say 'Doc'. The text 'Walk with your Doc' is written in a large, blue, sans-serif font at the top. Below the photo is a blue banner with white text providing event details. At the bottom left is the logo for the 'Nanaimo Division of Family Practice' and at the bottom right is the 'doctors of bc' logo with the tagline 'Better Together.'

Walk with your Doc

You're invited to get moving with BC's doctors!

Date: Saturday May 14, 2016

Location: Merle Logan Field at Beban Park - 2300 Bowen Rd - Nanaimo, BC

Time: Check in at 8:30 am; Event starts at 9:00 am

walkwithyourdoc.ca

Nanaimo Division of Family Practice

doctors of bc
Better Together.



active **FOR** **life** **EXPO**

Active For Life Expo

- May 14th 2016
- Merle Logan Field, Beban Park
- 55 health, wellness and sport organizations
- Nanaimo Division and Pacific Sport collaboration
- Strategic oversight through the Healthy Cities Working Group
- Created for all ages and activity levels



Active For Life Expo 2016

