



**DISTRICT OF KITIMAT**

**AND**

**NORTHERN HEALTH**



# **ACTIVE LIVING, HEALTH & WELLNESS**

## **PARTNERSHIP, COMMUNICATION & CO-OPERATION PROTOCOL**

<p><b>Common Purpose</b></p>	<p>The District of Kitimat and Northern Health acknowledge that many of their objectives and activities aim to accomplish Common Purposes.</p> <p>In maximizing quality of life for all citizens both the District of Kitimat and Northern Health seek to:</p> <ul style="list-style-type: none"><li>• Enhance the basic determinants of health;</li><li>• Promote health and well being through opportunities for active living, exercise and community involvement;</li><li>• Promote access to health and wellness services close to home;</li><li>• Provide efficient and effective transportation i.e. Skeena Regional Transit (which includes other regional members);</li><li>• Maximize outcomes by coordination of resources and collaboration with allied organizations;</li><li>• Promote injury and disease prevention activities;</li><li>• Promote individual responsibility and active participation in personal health and wellness;</li><li>• Promote community involvement as a conduit of community health and wellbeing;</li></ul>
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## Shared Values

To achieve Individual and Community Health & Wellness, The District of Kitimat and Northern Health acknowledge a Common Purpose and recognize the value of Communication, Co-operation and Partnerships.

This Protocol builds on the longstanding productive relationship between The District of Kitimat and Northern Health.

The ongoing relationship will be based on Shared Values:

- Positive Personal Relationships
- Inclusiveness
- Honesty
- Integrity
- Respect
- Compassion
- Transparency (Public Openness)
- Consensus based decision making on joint projects

Best Practices and research will guide our activities.

We will be a model for other Communities in the North.

## Partnership

The District of Kitimat and Northern Health commit to:

- Recognize community partnerships as effective vehicle to maximize resources and achieve optimum outcomes;
- Actively seek to partner on projects/activities where a joining of resources and efforts will enhance outcomes;
- Actively seek to involve allied community partners where appropriate;
- Promote of the Partnership Model to other communities.

## Communication

The District of Kitimat and Northern Health commit to:

- Ongoing, open communication;
- Active information sharing in areas of common interest.

## Co-operation

The District of Kitimat and Northern Health commit to:

- Continued, ongoing cooperation;
- Co-operate in evaluating community needs and improving services and outcomes;
- Promote co-ordination of services;
- Promote of each other's services and activities and those of other allied agencies i.e. Snowflake Seniors Centre and Kitimat Community Services;
- Support, where appropriate, each others service, resource and grant proposals;
- Co-operate to improve data gathering, program/outcome evaluation and facilitation of research. When possible, share data and research as per Northern Health and District of Kitimat Freedom of Information Protocols.

Signed this 25th day of February, 2008;



Richard Wozney, Mayor  
District of Kitimat



David Brown, Chair  
Advisory Recreation Commission



Kathy MacDonald, Regional Director  
Preventive Public Health, Northern Health



Rowena Holoien, Chief Operating Officer  
North West Health Service Delivery Area

## **Appendix I**

### **Examples of Joint Programs / Projects**

- ⇒ Physio / Rehab Swim Program
- ⇒ Well Spring Women's Conference
- ⇒ Hearts At Work 1 & 2
- ⇒ Skeena Regional Transit
- ⇒ FITT Group Program
- ⇒ Active Communities Projects
- ⇒ Kick It Up Kitimat Initiative
- ⇒ Union of British Columbia Municipalities Grants re: Healthy Community Projects
- ⇒ British Columbia Recreation and Park Association Grants re: Active Community Initiatives
- ⇒ Senior's Programmer Grants and Initiatives
- ⇒ Shop Smart Tours at Overwaitea
- ⇒ Portuguese Health Workshops
- ⇒ Sikh Health Workshops
- ⇒ Haisla Nutritional Workshops
- ⇒ School Nutrition & Healthy Eating Program Support
- ⇒ Caregiver's Workshops
- ⇒ The Good Food Box
- ⇒ Tobacco Free Zones Signage