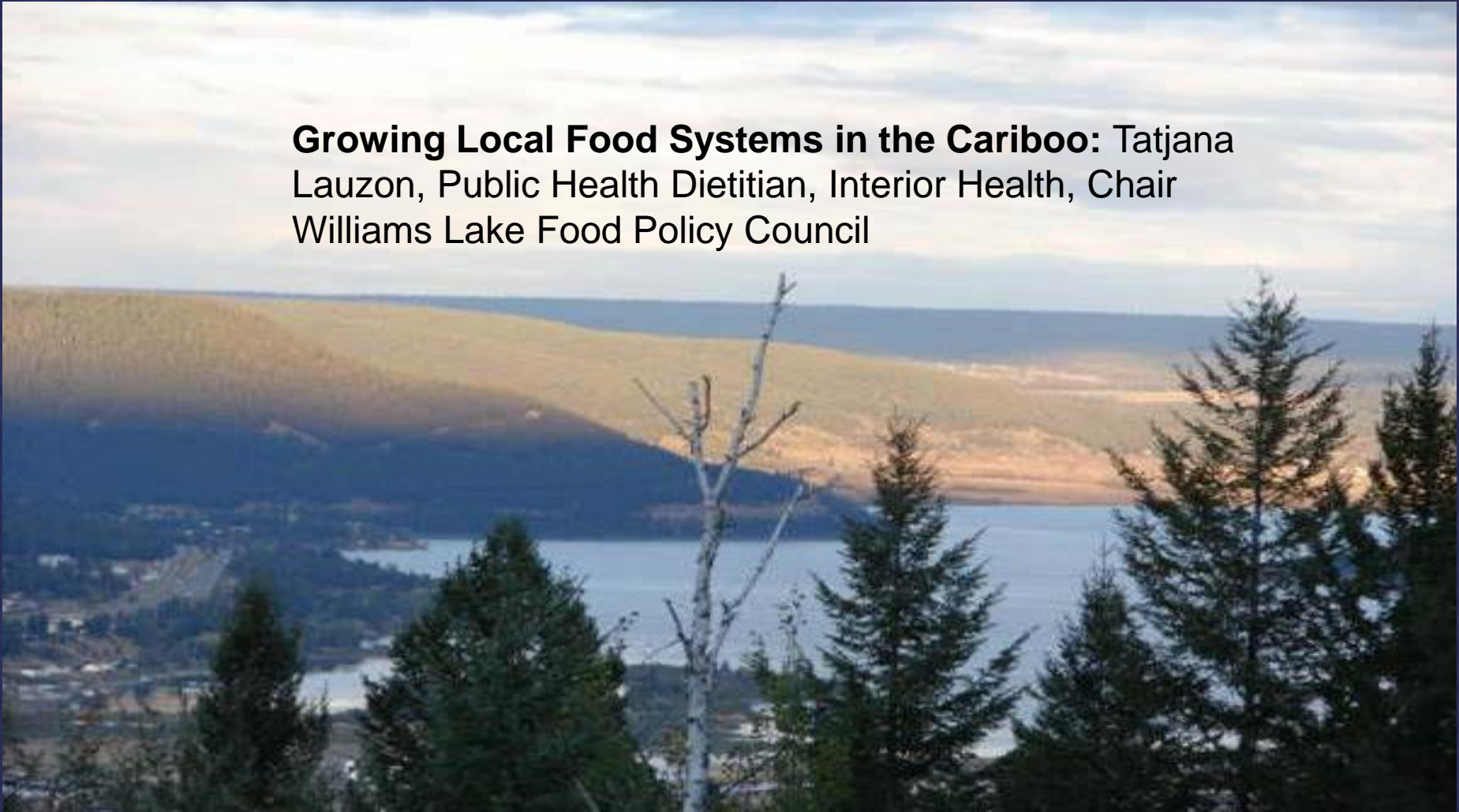


**Growing Local Food Systems in the Cariboo:** Tatjana  
Lauzon, Public Health Dietitian, Interior Health, Chair  
Williams Lake Food Policy Council



**Saturday, January 28**

**FREE EVENT**

Local Food  
Snacks and  
Lunch by  
donation

**EVERYONE  
INVITED!**

# LET'S TALK ABOUT FOOD!

**Second Local  
Food Forum**

9am-  
2pm

at the  
**TRU**  
(Thompson-Rivers  
University)

**Cafeteria**

**Our Five Year Food Action Plan is  
complete!**

**We need YOUR input in creating our Second Food  
Action Plan for Williams Lake & Area**

**HOSTED BY:**

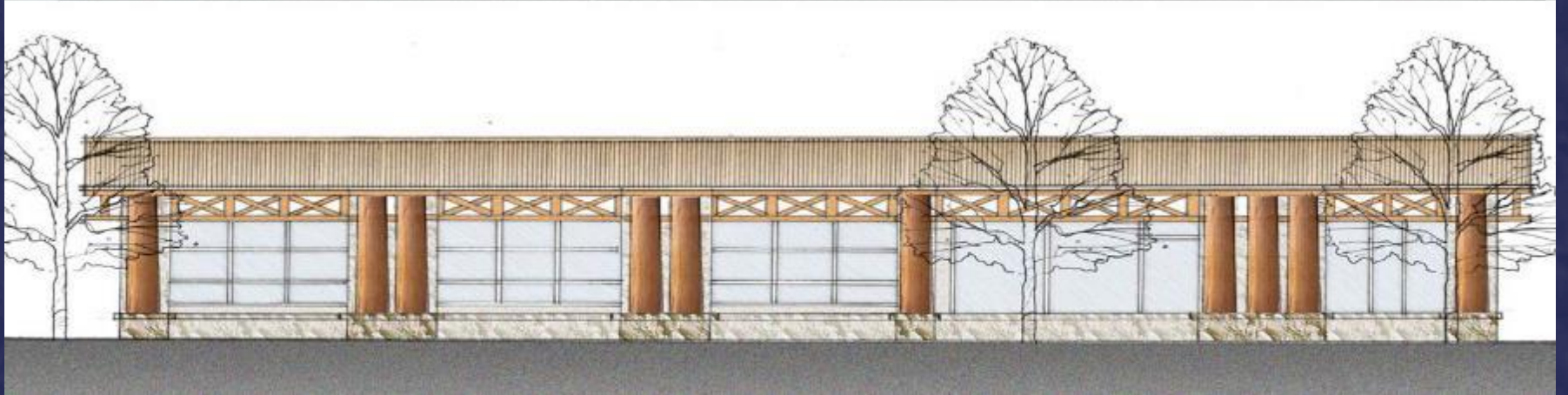
The Williams Lake Food Policy Council, the City of  
Williams Lake, Thompson-Rivers University &  
the Oliver Street Market

 Interior Health



THOMPSON NICOLA CARIBOO UNITED WAY

**CONTACT: Michelle Daymond 250-267-2085**





CARIBOO GROWERS  
FRESH LOCAL FOOD  
778-432-0009 (2662)

Tuesday 11-6  
Friday 11-6  
Saturday 10-3

TUESDAY  
11 am-6 pm  
FRIDAY  
11 am-6 pm  
SATURDAY  
10 am-3 pm

NEW OPEN  
WEDNESDAYS  
11am-6pm

Local Food ALL YEAR!  
Vegetables Fruit  
cheese Bread  
Meat  
Honey Sparks  
& MORE!

NEW LOCAL PRODUCE  
Vegetables Fruit  
cheese Bread  
Meat  
Honey Sparks  
& MORE!

NEW LOCAL PRODUCE  
Vegetables Fruit  
cheese Bread  
Meat  
Honey Sparks  
& MORE!







# FARM to SCHOOL BC

