



HEALTHY COMMUNITIES CAPACITY BUILDING Support for Local Governments



Healthy People



Healthy Society



Healthy Environments

SOCIAL CONNECTEDNESS GRANT APPLICATION GUIDE

March 2017



Planning a healthy community starts here

This is a step-by-step guide for completing your grant application for **the Healthy Communities Capacity Building Fund (HCCBF) Social Connectedness Grants**.

Please note: This is not the application form. The following informational is a guide only containing background information, grant criteria and an application details.

Please find a link to the online application at <http://planh.ca/funding/roundfour>.

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1. OVERVIEW

1.1. GOAL

The overarching goal of the **Healthy Communities Capacity Building Fund (the Fund)** and accompanying capacity building activities is to support local governments in BC to work with others to collectively create the conditions that enable healthy people and healthy places. BC Healthy Communities Society administers the Fund on behalf of the PlanH program, and designs and delivers the accompanying capacity building supports.

A priority for the Healthy Communities Capacity Building Fund is to support partnership development and innovative collaborative action between local governments, health authorities, and other community partners.

For 2017/18, the Healthy Communities Capacity Building Fund has a special focus on **social connectedness**. Socially connected communities support strong citizen engagement and increase the health and well-being of residents. Local governments can play a role in fostering social connectedness and helping communities thrive by **creating strong social environments**. Two streams of funding are available to local governments who are working in partnership with other sectors to improve social connectedness in communities or regions:

1.2 SUMMARY OF SOCIAL CONNECTEDNESS GRANT STREAMS

Stream 1: Cultivating Connections. Grants of up to \$15,000 are available for up to six local governments working with other partners to better understand and take action on improving social connectedness in their community or region. Cultivating Connections grants enable local governments and their partners to spark experimentation, learning and innovation in addressing the issue of social connectedness. This stream also offers additional capacity building support to grant recipients through access to a provincial online learning network, which includes up to three virtual learning and network sessions on Social Connectedness.

Stream 2: [Resilient Streets](#) Demonstration Communities. This stream offers an opportunity for up to four local governments and their partners to adapt and implement the *Resilient Streets* program, an approach to building social connections between immediate neighbours on residential streets and in residential buildings. Each *Resilient Streets* demonstration community will receive a grant up to \$20,000 and additional capacity building supports, including: three training webinars on the *Resilient Streets* Model, training materials, participation in a provincial community of practice, and an additional coaching grant valued at \$5000 (in-kind coaching to be provided by the Building Resilient Neighbourhoods team). The Resilient Streets model can be adapted to a range of community and cultural contexts. We encourage a diversity of communities (rural, urban, First Nations, etc.) to apply.

COMPARISON OF STREAMS		
	Stream 1: Cultivating Connections	Stream 2: Resilient Streets
Maximum grant amount available	\$ 15,000 (for up to six communities)	\$ 20,000 (for up to four communities to launch the Resilient Streets program)
Objectives	<p>LEARN: Deepen learning & understanding of social connectedness in neighbourhoods and communities</p> <p>ENGAGE & COLLABORATE: Convene, engage and develop shared leadership and action between local governments, health authorities and other sectors/partners who can influence social connectedness</p> <p>TAKE ACTION & EXPERIMENT: Conduct and evaluate innovative approaches to addressing social connectedness. Share these experiments (and the lessons learned) with other communities around BC.</p>	<p>LEARN: Through demonstrating the Resilient Streets program, deepen learning & understanding of social connectedness amongst immediate neighbours</p> <p>ENGAGE & COLLABORATE: Convene, engage and develop shared leadership and action between local governments, health authorities and other sectors/partners who can influence social connectedness through a multi-sector Resilient Streets collaborative table</p> <p>TAKE ACTION & EXPERIMENT: Adapt, implement and evaluate the best approaches of the Resilient Streets program in a variety of community contexts as a mechanism to measurably increase social connectedness. Share these learnings and promising practices with other communities around BC.</p>
Additional Support	<ul style="list-style-type: none"> Provincial online learning network, which includes up to three virtual learning and network sessions on Social Connectedness Not required, but highly recommended 	<ul style="list-style-type: none"> Three training webinars on the Resilient Streets model Resilient Streets training materials An additional coaching grant valued at \$5000 (in-kind, customized coaching support provided by the Building Resilient Neighbourhoods) team) Participation in a provincial community of practice (required)

Criteria	<ul style="list-style-type: none"> • Primary applicant is local government • Multi-sectoral partnerships in place • Capacity to contribute to provincial evaluation 	<ul style="list-style-type: none"> • Primary applicant is local government • Multi-sectoral partnerships in place • Capacity to contribute to provincial evaluation • Capacity to participate in all activities including training, online community of practice and coaching
Links and partnerships in place	<p>Identification of key partners and stakeholders is required and collaborative relationships must be in place with multiple organizations. Additional partners and collaborations may be further developed as part of the project</p>	<p>Identification of key partners and stakeholders is required and collaborative relationships must be in place with multiple organizations. Additional partners and collaborations may be further developed as part of the project</p>

1.3 APPLICANT ELIGIBILITY

The following local government organizations **are eligible to apply**:

- Regional Districts
- Municipalities
- First Nations Bands
- First Nations Tribal Councils
- Métis Chartered Communities

The following organizations **are not eligible to apply**:

- Individuals
- For-profit groups
- School Districts
- Hospital Foundations
- Community Groups
- Non-profit organizations
- Health Authorities

This opportunity could be for you if you:

- ✓ Represent a local government
- ✓ Have community partners who share your interest in strengthening social connectedness, including your regional health authority
- ✓ Are interested in sharing your findings and learning more about what works to build social connectedness and why, through participation in a provincial learning network

This funding encourages multi-sectoral partnerships and suggests that ineligible organizations contact eligible organizations to discuss collaborating on a project.

Prior to completing an application, please confirm that you represent a local government, that you have read the step-by-step application guidelines, and that you believe that your project is eligible for support under one of the two Social Connectedness grant streams.

Please note: we strongly encourage you to contact us in advance of the deadline with any questions about the eligibility of your application.

Local governments may submit separate applications for both Stream One and Stream Two, provided they are for different activities.

Eligible local governments who are working in partnership with other sectors and who are interested in applying, should read the application guidelines thoroughly.

1.5 PROJECT TIMELINES:

Projects for **Stream One Cultivating Connections** are expected to take place between July 2017 and September 2018. A final report is required within 30 days of completing activities, and no later than October 31, 2018.

Stream Two Resilient Streets Demonstration Communities activities are expected to take place between September 2017 and November 2018. A final report is required within 30 days of completing activities, and no later than December 20, 2018.

WEBINAR Sign up for an informational webinar on April 26 to learn more about Social Connectedness and the two available Social Connectedness granting streams. Interested applicants are highly encouraged to attend this webinar. A recording of the webinar will also be made available on the PlanH website. [Visit the PlanH funding page to register.](#)

www.planh.ca/funding/roundfour

1.6 PROJECT EVALUATION & LEARNING:

This funding program is supporting experimentation and action learning around how to address social connectedness. As such, grant communities will be expected to participate in evaluation activities and track certain data as part of our provincial evaluation. In addition, grant communities are highly encouraged to participate in the provincial learning network's online sessions to learn together about promising practices to increase social connectedness.

2. BACKGROUND & CONTEXT

2.1. COMMUNITY HEALTH & WELL-BEING

We know that the root causes of many of our current health and social challenges are complex. We also know there is a strong relationship between people, place, and health. Today, one in three British Columbians is living with at least one diagnosed chronic condition. Despite efforts to address health and well-being challenges, troubling trends persist.

Evidence shows that 75% of factors that influence our health and well-being exist outside the healthcare system. Many of the positive influences on our health and well-being—transportation options, community design, recreation opportunities, social support networks, and access to healthy food choices—exist in our communities where we live, work, learn, and play.

We know it is not enough to encourage people to change behaviour if the environments around them (social, economic and environmental) are not also changing to better support health and well-being. Moreover, while many of the forces that shape our lives today are global in nature, it is at the local level that many of the policies and programs are made that most directly affect our well-being. Local governments, in partnership with other sectors in the community, are well-positioned to affect change for improved health and well-being for all.

Social connectedness is often measured by degree and quality of contact with others, personal relationships, and engagement in the community.

2.2. WHAT IS SOCIAL CONNECTEDNESS?

Social connectedness is the subjective experience of feeling close to and belongingness with others.¹ A socially connected community is a place where everyone feels like they belong. It is a place where people know their neighbours and feel motivated to get involved, build relationships, and contribute to the creation of strong social networks. A socially connected community requires spaces and events for people to gather, create new friendships, and contribute to the community through volunteering. Socially connected communities support strong citizen engagement and increase the health and well-being of residents. Local governments can play a role in fostering social connectedness and helping communities thrive by **creating strong social environments**.

2.3 WHY IS SOCIAL CONNECTEDNESS IMPORTANT FOR HEALTH AND WELL-BEING?

Our physical and mental health is strongly influenced by our social connectedness—the degree to which we feel a sense of belonging and connection to other people and the communities within which we live, work and play.

Building and cultivating social connections benefits both individuals and communities as a whole. Although 69% of British Columbians feel a strong or very strong sense of belonging to their local community, a significant percentage (31%) do not.ⁱⁱ Canadians with a strong or very strong sense of community belonging are **over twice as likely** to report that their health is good as compared with people who have a weak or very weak sense of community belonging.ⁱⁱⁱ

Beyond our basic human need for social interaction and relationships, participation in civic life is also an essential need and is a critical component of healthy communities. Feeling socially connected can help people to reach out to others in their communities and support each other. It can also encourage people to volunteer and take pride in the condition of their communities.

2.4 HOW CAN LOCAL GOVERNMENTS, IN COLLABORATION WITH OTHER PARTNERS, INCREASE SOCIAL CONNECTEDNESS IN COMMUNITIES?

Local governments, in collaboration with other community partners, have much to gain from supporting social connectedness because its benefits extend beyond individuals to affect the greater community. These benefits can include increased neighbourhood safety,^{iv} people connecting with the services and support they need,^v strengthened resilience during emergency events, increased volunteering^{vi} and a stronger sense of community pride.^{vii}

In particular, in partnership with others, local governments can strengthen social connectedness through:

- 1) **Planning:** strategic and land use planning with a focus on strengthening community social connectedness through designing physical environments that encourage human connections
- 2) **Policies:** inclusion of social connectedness in the objectives, goals, and strategies in official community plans, regional growth strategies, municipal plans and zoning by-laws
- 3) **Programs:** supporting and encouraging neighbourhood level projects linked to a broader strategy for social connectedness.
- 4) **Partnerships:** building partnerships with health authorities, school districts, post-secondary institutions, and community organizations to develop collaborative strategies to improve community connections

2.5 ADDITIONAL RESOURCES ON SOCIAL CONNECTEDNESS

For additional information about Social Connectedness visit the resource section on <http://planh.ca/funding/roundfour>.

3. GUIDELINES FOR STREAM ONE: CULTIVATING CONNECTIONS

3.1 STREAM ONE: CULTIVATING CONNECTIONS OVERVIEW

Grants of up to \$15,000 are available for up to six local governments working with other partners to better understand and take action on improving social connectedness in their community or region. **Cultivating Connections** grants enable local governments and their partners to spark experimentation, learning and innovation in addressing the issue of social connectedness.

This stream also offers additional capacity building support to grant recipients through access to a provincial online learning network, which includes up to three virtual learning and network sessions on social connectedness.

Multi-sectoral Partnerships & Action

Local governments are encouraged to work with other partners such as health authorities and key community stakeholders in multiple sectors from public, private and/or non-profit organizations.

3.2 CULTIVATING CONNECTIONS: PURPOSE & OBJECTIVES

Today, there is growing evidence of the importance of social connectedness for community health and well-being. Increasingly local governments, health authorities and other community partners are working together to explore, better understand and collaboratively improve social connectedness in their community or region. While there are many examples of action being taken to improve social connectedness in communities around the province, this is often a relatively new area of focus for local governments and their partners and we are still learning about promising practices and innovative approaches to addressing this complex issue.

Stream One: Cultivating Connections grants will support communities and regions to take multi-sectoral action to explore, harvest and share promising practices that improve social connectedness. In particular, the grants support local governments and their partners to engage in action learning^{viii} that improves social connectedness while exploring the following questions:

- *What are the root causes and influences on social connectedness at a neighbourhood and community level?*
- *How can we increase social connectedness at the neighbourhood and community levels?*
- *What roles can local governments, health authorities and other community partners play in collectively improving social connectedness?*
- *Do multi-sector approaches to building social connectedness have greater impact?*
- *What positive innovations or strategies have promise to address the root causes of social disconnectedness?*

Cultivating Connections Objectives:

The focus of the **Stream One: Cultivating Connections** grant is for participating communities/regions to:

- 1) **LEARN:** Deepen learning & understanding of social connectedness in neighbourhoods and communities including the influences, challenges, opportunities, and barriers;
- 2) **ENGAGE & COLLABORATE:** Convene, engage and develop shared leadership and action between local governments, health authorities and other sectors who can influence social connectedness;
- 3) **TAKE ACTION & EXPERIMENT:** conduct and evaluate experiments on addressing social connectedness. Share these experiments (and the lessons learned) with other communities around BC.

3.3 CULTIVATING CONNECTIONS: CRITERIA & SUPPORTED ACTIVITIES

The **Cultivating Connections** stream supports projects that:

- ✓ Build multi-sectoral action and leadership by local government, health authorities and other partners to address social connectedness in your community or region
- ✓ Research and analyze the root causes of social isolation and identify/adapt promising practices for increasing social connectedness in your local context
- ✓ Test an innovative approach to addressing social connectedness, experiment and harvest your learning
- ✓ Through research, planning and action, build shared understanding and action on social connectedness among stakeholders and partners.
- ✓ Build lasting social infrastructure and foster the conditions for social connectedness to thrive and grow in your local context

The **Cultivating Connections** stream does not support:

- × One time projects or events (e.g. community dinners, festivals, or community gardens) that are not part of a larger social connectedness strategy
- × 'Downstream' activities, e.g. improved health services
- × Physical or technological improvements that are not part of a more comprehensive social connectedness strategy
- × Existing community programs, unless you are working to scale or expand proven impacts
- × Activities carried out by a single organization or sector

3.4 CULTIVATING CONNECTIONS: ELIGIBLE EXPENSES

The following costs are **eligible** for use of funds under **Stream One**:

- Project staff / contractors (e.g. coordination, facilitation, partnership development, research, evaluation)
- Event expenses related to hosting and/or participating in social connectedness forums, workshops, dialogues or learning events (e.g. food, venue, materials, childcare)
- Communications (e.g. promotional materials, printing, design)
- Local government and community partner expenses (e.g. mileage, food, accommodation) related to attending partnership meetings or social connectedness events
- Capital costs (e.g. supplies/equipment) directly related to increasing social connectedness in your community (up to 20% of project budget)

3.5 CULTIVATING CONNECTIONS: INELIGIBLE EXPENSES

Please note that the following costs are **ineligible** for use of funds under **Stream One**:

- Expenses associated with improving or accessing health services
- Expenses associated with physical infrastructure or technological improvements that are not part of a larger social connectedness strategy (e.g. increasing broadband internet to remote communities to improve connectedness.)
- Costs associated with the purchase of equipment and other capital expenses that is over 20% of the project budget.
- Existing community program costs
- Funding for activities that have already taken place
- Entertainment and personal expenses.

4. GUIDELINES FOR STREAM TWO: *RESILIENT STREETS* DEMONSTRATION COMMUNITIES

4.1 STREAM TWO: [RESILIENT STREETS](#) DEMONSTRATION COMMUNITIES OVERVIEW

This stream is for communities interested in partnering to adapt and implement [Building Resilient Neighbourhood's Resilient Streets](#) program which focuses on building social connections between immediate neighbours. This stream is open to up to four communities and includes grants and additional capacity building supports including:

- grants for up to \$20,000
- three training webinars on the components of the *Resilient Streets* program model
- *Resilient Streets* training materials
- participation in a provincial community of practice
- an additional coaching grant valued at \$5000 (in-kind coaching to be provided by the Building Resilient Neighbourhoods team, *please note this is not a cash grant*).

4.2 *RESILIENT STREETS* DEMONSTRATION COMMUNITIES: PURPOSE & OBJECTIVES

The [Resilient Streets](#) program is aimed at increasing social connectedness between immediate neighbours on residential streets and in residential buildings. The focus of this grant is to adapt and implement the program model in diverse communities around BC and facilitate learning between communities about best practices to increase social connectedness. The objectives are also to:

- 1) **LEARN:** Deepen learning & understanding of social connectedness amongst immediate neighbours including the influences, challenges, opportunities, and barriers;
- 2) **COLLABORATE & ENGAGE:** Convene, engage and develop shared leadership and action between local governments, health authorities and other sectors who can influence social connectedness through a multi-sector *Resilient Streets* collaborative table;
- 3) **TAKE ACTION & EXPERIMENT:** Adapt, implement and evaluate the best practices of the *Resilient Streets* program in a variety of community contexts as a mechanism to measurably increase social connectedness. Share these learnings and promising practices with other communities around BC.

4.3 ABOUT THE *RESILIENT STREETS* MODEL

What is community and neighbourhood resilience?

A sense of connection to the people and places where we live is central to building resilience. Connections enhance the ability of people and communities to respond and adapt to changes and challenges. Communities today face a complex range of social, environmental and economic challenges. Many communities are seeing that new ways of addressing these challenges are needed and there is a spreading hope and optimism that we have the methods and the means right at hand to transform our neighbourhoods, social lives, shared spaces and places. Building resilient streets and neighbourhoods is about community members and organizations working together to begin those changes: building stronger, more connected relationships, neighbourhoods and communities. One of the key characteristics of a resilient community is the degree to which community members feel connected to each other and help each other out. While there are several characteristics that make a community more or less resilient, the Building Resilient Neighbourhoods project has identified that above all the overarching factor is **the social connections and networks borne of trusting, dynamic interpersonal and professional relationships in a community.** To learn more about resilience and ways of creating resilient communities, read [Characteristics of a Resilient Community or Neighbourhood – A Checklist](#).

What Are Resilient Streets?

At the neighbourhood level, one way that we can begin to make our communities stronger and more resilient is by making efforts to strengthen the connections and relationships between immediate neighbours on residential streets or between neighbours in multi-family buildings. [Resilient Streets](#) is an established program aimed at increasing social connectedness between immediate neighbours by supporting neighbours to:

- Get to know each other and over time develop strong ties
- Share knowledge, tools, and resources to become more locally reliant
- Help each other build community support
- Cooperate and share leadership in street or building issues and activities

What is Resilience?

Resilience is our ability to respond and adapt to change in ways that are proactive, build local capacity, and ensure essential needs are met.

Social connections are good for us as individuals, and they are good for our communities as well. Communities with higher levels of neighbourliness and more connections to civic institutions are more resilient—that is, they are better at withstanding, adapting to, and recovering from change, stresses or disturbances.

City of Vancouver, Social Policy Fact Sheet: Cultivating Connections <http://vancouver.ca/files/cov/factsheet7-cultivating-connections.PDF>

The *Resilient Streets* Program Model

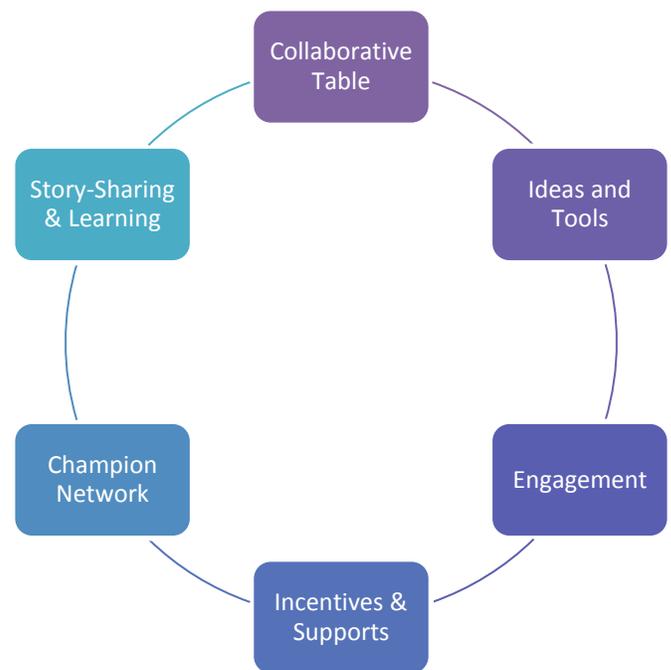
The [Resilient Streets program](#) is a dynamic and highly adaptable initiative aimed at increasing neighbour-to-neighbour connections through providing multiple “entry points” or “doorways” for people to meet and build relationships with their neighbours. It can support and add value to existing community and local government programs focused on neighbourhoods, community resilience, and social connectedness.

Participating *Resilient Streets* demonstration communities will utilize their Healthy Communities Capacity Building grant funding and other in-kind resources to implement the model which includes the following program components:

Resilient Streets Collaborative Table

The formation of a *Resilient Streets* Collaborative Table in each participating community supports “joined-up” collaborative leadership across key community organizations and groups who share a mandate for strengthening neighbour-to-neighbour connections, though often from different lenses (e.g. healthy living, community safety, diversity & inclusion, emergency preparedness, etc.). This Table provides high-level leadership and supports the implementation of the *Resilient Streets* program in the community by taking an integrated approach to identifying and leveraging local resources, promoting *Resilient Streets* opportunities and engaging their community networks, and supporting program evaluation and learning. The make-up of this Table varies from community to community depending on your local assets, programs and champions, however some examples could include:

- municipal/regional government staff (e.g. community planning, neighbourhood programs), health authority staff
- community foundations
- emergency preparedness agencies
- police and/or Blockwatch programs
- fire departments
- neighbourhood associations
- community service organizations that work with specific populations such as seniors or newcomers
- placemaking groups
- food security organizations/programs
- others in your community committed to building social connectedness amongst neighbours



Inspiring Ideas & Tools

The underlying philosophy of [Resilient Streets](#) is that there are multiple pathways to build connections with your neighbours - from an annual potluck or street party, to working together on shared boulevard gardens, to emergency preparedness, or tool sharing. The existing [Resilient Streets Toolkit](#) provides community members with a broad range of inspiring ideas and a menu of tools and options to start making streets, buildings or blocks more resilient and connected through fun, hands-on projects with neighbours, including ideas on:

- Celebrations & Gatherings
- Placemaking (shared infrastructure and spaces)
- Sharing Economy
- Neighbour Networking
- Peer Learning and Action

In addition to these tools and ideas, the **Resilient Streets** Collaborative Table support people in building neighbour-to-neighbour connections (e.g. neighbourhood grant programs, local experts or mentors, block party kits, etc.)

Neighbourhood & Community Engagement

Participating communities can host a series of **Resilient Streets** Launch or Kick-Off events (in-person community workshops and engagement sessions) by inviting local community members to come together to share ideas and to learn about other inspiring ideas, tools, and available local resources to support engagement with neighbours. The idea is for people to leave with inspiration, motivation, and practical tools to get work with neighbours.

Incentives & Supports

Participating communities offer small micro-grants to support people to:

- a) organize a neighbourhood gathering to plan a **Resilient Streets** project with neighbours;
- b) implement a project with neighbours on the street or in multi-residential building.

Each community hires or assigns a **Resilient Streets** coordinator to be available to provide support and resources to community members starting and implementing a **Resilient Streets** project.

Resilient Streets Champions Network

Once there is a critical mass of **Resilient Streets** underway in the community or neighbourhood, a network of **Resilient Streets** champions is formed to share tips and ideas, and build a community of champions who can become mentors for new people interested in initiating a **Resilient Streets** project on their street or in their building.

Story-sharing, Harvesting & Learning

Community members are invited to share stories of **Resilient Streets** gathering or project, what was learned, and participate in evaluating and measuring how this contributes to building social connectedness amongst neighbours.

Tentative Timeline: 2017-18 Resilient Streets Demonstration Communities

May 30, 2017	Application Deadline
June 7-16, 2017	Short-listed communities contacted by phone about any clarifying questions or additional information
June 30, 2017	Communities notified of Social Connectedness grants
Summer –early fall 2017	Form Multi-sector Resilient Streets Collaborative Table
Fall 2017	<p>Begin Resilient Streets Training & Coaching</p> <ul style="list-style-type: none"> • Resilient Streets Collaborative Table Orientation • Orientation to the program model • Development of local resources • Create an action plan <p>Launch Provincial Community of Practice</p>
Winter 2017	<ul style="list-style-type: none"> • Hire/Assign Resilient Streets Coordinator in each community • Identify and develop local implementation partnerships (e.g. target neighbourhoods or sponsorships) • Plan Launch or Kick-off events (workshops & community engagement sessions) • Develop community/neighbourhood outreach plan
Spring- Fall 2017	<ul style="list-style-type: none"> • Implement & Support Resilient Streets Engagement and Projects
Fall 2017	<ul style="list-style-type: none"> • Host Resilient Streets Champions Network • Harvest learnings & evaluation

4.3 RESILIENT STREETS DEMONSTRATION COMMUNITIES: CRITERIA

Stream Two Resilient Streets Demonstration Communities is best suited to communities who:

- ✓ Have diverse community partners who share an interest in working together to strengthen community resilience and social connectedness between immediate neighbours
- ✓ Are interested in adapting and implementing the **Resilient Streets** program within a local context
- ✓ See potential for the **Resilient Streets** program to add value or build on existing local government or community activities focused on social connectedness and fostering resilience (e.g. neighbourhood strategies, small grants programs, etc.)
- ✓ Are interested in sharing findings and learning more about what works to build social connectedness between neighbours and why, through participation in a provincial community of practice
- ✓ Are able to contribute or secure a minimum of \$5,000 additional funding or in-kind resources toward the project delivery.

The Resilient Streets model can be adapted to a range of community and cultural contexts. We encourage a diversity of communities (rural, urban, First Nations, etc) to apply.

4.4 **RESILIENT STREETS** DEMONSTRATION COMMUNITIES: ELIGIBLE EXPENSES

Participating communities are responsible for costs associated with implementing the **Resilient Streets** program in the community, and may use the grant funds from this stream for the following:

- Project staff / contractor time for part-time project coordination
- Supplies related to hosting **Resilient Streets** workshops, engagement sessions, and Collaborative Table meetings
- **Resilient Streets** event expenses (e.g. food, venue, materials, childcare)
- Communications (e.g. promotional materials, printing, design)
- **Resilient Streets** micro-grants
- Program Administration costs

A detailed budget is not required as part of this grant application process, however, it will be required from participating communities and must be approved by BC Healthy Communities Society after the initial **Resilient Streets** training and action planning sessions in Fall 2017. A sample budget is provided in the Appendix, however, local costs will vary depending on location, the scale, and reach of your delivery (e.g. number of target neighbourhoods), available in-kind resources or additional funding you have in place, and any adaptations you make to the program. For example, communities with existing neighbourhood small grants programs may choose to integrate these as part of the **Resilient Streets** micro-grants, and instead increase the number of neighbourhoods targeted; other communities may be able to provide printing/communications support in-kind thus reducing these costs.

Coaches will support participating communities to develop a customized budget based on project costs, funding ideas and available in-kind contributions. See Appendix 1 for a sample **Resilient Streets** Demonstration Budget.

4.5 **RESILIENT STREETS** DEMONSTRATION COMMUNITIES: INELIGIBLE EXPENSES

- Existing community program costs
- Expenses associated with improving or accessing health services
- Expenses associated with physical infrastructure improvements that are not part of a **Resilient Streets** micro-grant project
- Costs associated with the purchase of equipment and other capital expenses that are not associated with a **Resilient Streets** micro-grant
- Funding for activities that have already taken place
- Entertainment and personal expenses

5. APPLICATION DETAILS

Please note: This is not the application form. The link to the online application form is available here: <http://planh.ca/funding/roundfour>. The application checklist provided in Appendix 2 is for your reference only. The Application Checklist is included in the online form.

APPLICATION DEADLINE: Applications will be accepted until noon PST of May 30, 2017. Applicants will automatically receive an email confirming the receipt of application.

For the ***Resilient Streets Demonstration Communities Stream*** only, short-listed communities will be contacted by phone about any clarifying questions or additional information between June 7-16,

FUNDING DECISION NOTIFICATION: Successful applicants will receive notification by June 30, 2017

Please be advised that a signed funding agreement between BC Healthy Communities Society and each successful applicant organization will be required before release of funds and a final report (template to be provided) will be required 30 days following the completion of activities (no later than December 20, 2018).

6. FREQUENTLY ASKED QUESTIONS

Questions? Please refer to the FAQ page on the PlanH website:

www.planh.ca/funding/roundfour. We will update this page on a regular basis from March 31, 2017 – May 30, 2017.

7. CONTACT

If you have questions or require assistance please contact:

BC Healthy Communities Society

grants@planh.ca

250-590-8432

The Healthy Communities Capacity Building Fund is administered by BC Healthy Communities Society, on behalf of the PlanH program. PlanH, implemented by BC Healthy Communities Society, facilitates local government learning, partnership development and planning for healthier communities where we live, learn, work and play.



Appendix

Appendix 1: Sample Budget

Sample *Resilient Streets* Budget

Item	Description	Amount	PlanH Contribution	Other sources (cash, in-kind)
<i>Resilient Streets</i> Collaborative Table Meetings	Venue, refreshments	\$800	\$250	\$550
Project Coordination (part-time)	(10 months x \$560/month)	\$14,000	\$13,000	\$1,000
Neighbourhood & Community Engagement Sessions (<i>Resilient Streets</i> project launch events)	(5 sessions x \$500) Venue, refreshments	\$2,500	\$500	2,000
Communications & Outreach	Printing, ads, etc.	\$2,500	\$250	\$2,250
<i>Resilient Streets</i> Micro-grants	(5 neighbourhoods x \$40 x 10 pre-planning grants) (5 neighbourhoods x \$200 x 4 project micro-grants) Administration of grants (10%)	\$6,600	6,000	\$600
Partner Contribution		\$5,000	\$0	5,000
Total		\$31,400	\$20,000	11,400

Appendix 2 Checklist

Online Application Checklist

Once you have completed the online application you will be prompted to review your application and complete the checklist below:

- I confirm that I represent a local government, that I have read the step-by-step application guideline, and that I believe that this project is eligible for support under **Stream One: Cultivating Connections** or **Stream Two: Resilient Streets Demonstration Communities**
- I participated in the Social Connectedness Grants webinar hosted by BC Healthy Communities on April 26, 2017 or I have reviewed the recording online at www.planh.ca/funding/roundfour.
- Yes, I have read the [step-by-step application guidelines](#)
- Yes, we have the capacity and commitment to participate in a provincial learning network of communities addressing social connectedness at the local level
- Yes, I understand there is a requirement to track project data to contribute learning and findings to a provincial evaluation
- Yes, I have only applied for eligible expenses.
- Yes, I believe that this project is eligible for support under *Stream One – Cultivating Connections*
- Yes, I have completed all sections of the application
- Yes, I have reviewed my application before submitting.

ⁱ “Connectedness & Health: The Science of Social Connection.” Emma Seppala, Ph.D.

<http://www.emmaseppala.com/connect-thrive-infographic/> (March 17, 2017).

ⁱⁱ Statistics Canada, “Table 105-0501. Health indicator profile, annual estimates, by age group and sex, Canada, provinces, territories, health regions (2012 boundaries) and peer groups,” (2014), www5.statcan.gc.ca/cansim/a26?lang=eng&retrLang=eng&id=1050501&paSer=&pattern=&stByVal=1&p1=1&p2=31&tabMode=dataTable&csid= (accessed June 3, 2015).

ⁱⁱⁱ Nancy Ross, “Community Belonging and Health,” *Health Reports* 13:3 (Statistics Canada, 2002) 37, <http://www.statcan.gc.ca/pub/82-003-x/2001003/article/6105-eng.pdf> (accessed June 3, 2015).

^{iv} M. Marmot and R. Wilkinson, *Social Determinants of Health* (Oxford: Oxford University Press, 2005).

^v *Ibid.*, Institute of Medicine (US) Committee on Health and Behavior.

^{vi} Robert Putnam, *Bowling Alone: The Collapse and Revival of American Community* (New York: Simon and Schuster, 2000).

^{vii} *Ibid.*, M. Marmot and R. Wilkinson.

^{viii} Action learning is an approach to solving real problems that involves taking action, reflecting upon the results, and integrating learning into future actions.