

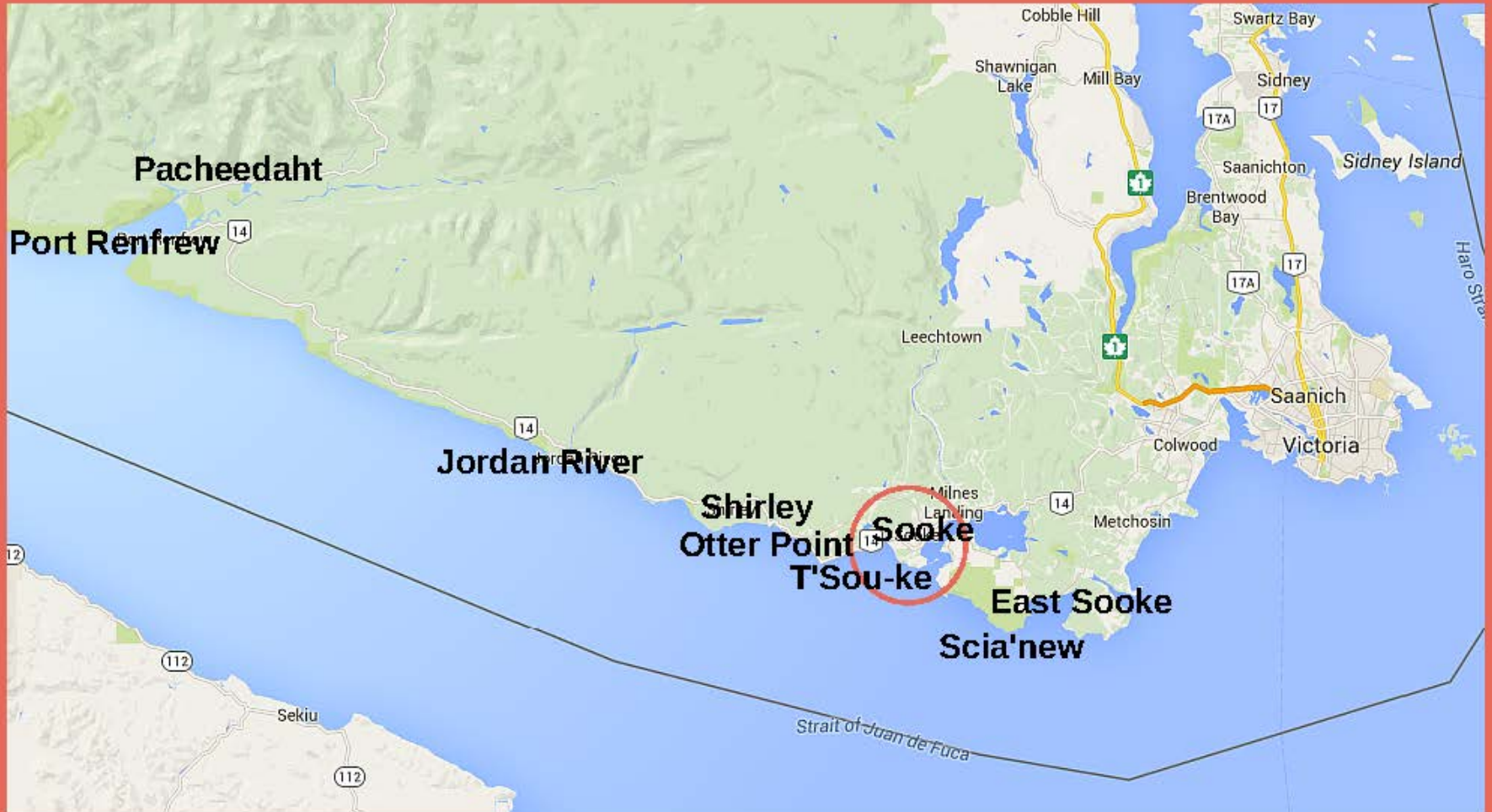
SOOKE REGION AGE-FRIENDLY COMMITTEE

AGE-FRIENDLY COMMUNITIES APPROACH

Parksville, April 21st-22nd, 2016

SOOKE REGION COMMUNITIES HEALTH NETWORK

SOOKE REGION



OPPORTUNITIES AND CHALLENGES



Increasing healthy ageing population



Open and inclusive conversations



Senior isolation



No Seniors centre



Idea generating



Lack of funds and program continuity



Little low-income seniors housing



Weak transport network

WHY AGE-FRIENDLY COMMUNITY APPROACH?

APPLIED FOR THE GRANT AND GOT IT!

WORK IN A HOLISTIC MANNER IN THE INTEREST OF THE WHOLE POPULATION WITHIN THE COMMUNITIES

SRCHN HAS A HISTORY OF HOSTING COMMUNITY CONSULTATIONS

WE BUILD UPON THE REPORTS AND FINDINGS TO FIND FEASIBLE AND PRACTICAL SOLUTIONS

DISTRICT OF SOOKE HAS APPOINTED SRCHN AS THE OFFICIAL AGE-FRIENDLY COMMITTEE

INNOVATIVE APPROACHES TO CHALLENGES



Lack of funds and program continuity

A major issue, though bringing in external service agencies that are independently funded.



Senior isolation

Through peer focus group conversations, establishing inter-generational and seniors activities, neighbourly checks and visiting.



No Seniors centre

Community consultation



Little low-income seniors housing

Co-caring and co-housing model



Weak transport network

Existing volunteer driving service for medical appointments, planned car-pool initiative, advocacy with transit companies